

#### Soroptimist of Salt Lake

# President Rita's Message

We are off to a pretty brisk start of our year, as well as pretty brisk weather all of a sudden. I sure hope I can keep up with all our members exuberance and ideas. If you send me an email and I don't hear back right away please call or text me. I have had back surgery and thought I would be up and going by now, but just heard from the doctor this past week it can take up to a year to recuperate. I am hoping it is much quicker than that. I am spending a significant amount of time lying down for at least 3 more weeks, then I will see how it is going.

Please plan to attend our November Friendsgiving. Dinner will be provided for a fee of \$15 a participant. It will be fun fall foods. We are also having a speaker from a local non-profit Waste Less Solutions come explain how they help with hunger in the area. Each day in Utah, thousands of pounds of unused meat, dairy products, breads, fruits and vegetables end up in the garbage can. Waste Less Solutions, started in 2017 by executive director and founder Dana Williamson, started with the goal of taking action to help reduce the amount of food waste in our community, and to date, they have saved over 1,437,680 meals -- equivalent to providing three meals a day to over 479,230 individuals within Salt Lake, Utah and Weber Counties. Waste Less Solutions is a 501(c)(3)nonprofit committed to making a significant reduction in food waste in Utah. They educate consumers and food entities on the issue and solutions, and offer a food diversion program that engages our community to help rescue edible food and get it to those who are food insecure. It diverts perishable food items to residents in need before the food goes bad and becomes waste.

Angela found this non-profit for

us to learn more about. If you have other ideas to share at different Program meetings, please let Angela know and she will see where we can use a speaker to help educate our organization.

Breakfast with Santa is coming up quickly, please contact Teresa Just to let her know where you want to support our Mom's this year. She is scheduling a meeting in the next 10 days.

We also have another training for Dream It Be It on Nov. 16th and 17th. Come help the girls get the most out of their experience during this training.

If you have new ideas for this year, please let me know.

President Rita

#### Volume 3, Issue 4

#### November 2023 Volume 3 Issue 2

Salty Soroptimist News

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# 2023-2-24 Officers/Board

President—Rita Offrett	Secretary—Cheri Richardson
President Elect—Barbara Rosner	Parlimentarian—Cathy Stevens
	Past President—Carma Ingram
Treasurer—Donna Schultz	
Treasurer Elect—Loretta Peterson	Delegate—Pat Murdoch
	Delegate—Teresa Just
Dir- at Large—Angela Yarborough	





Salty Soroptimist News

# Salt Lake Soroptimists Rock the Huntsman Senior Games

Salt Lake Soroptimists Loretta Peterson and Cheri Richardson competed in the Huntsman World Senior Games held in St. George October 9 - 18. Loretta competed in Racquetball; Cheri competed in Road Races.

Loretta won 1<sup>st</sup> Place in Mixed Doubles; 2<sup>nd</sup> Place in Women's Doubles, and 3<sup>rd</sup> Place in Singles – that's a gold, a silver, and a bronze medal! Cheri placed 4<sup>th</sup> in her age group in each race – not quite a medal but the 4<sup>th</sup> place finishers were honored at the ceremony and received ribbons.

It was a lot of fun competing with "experienced" athletes from all over the country and around the world. Eligibility begins at age 50 and there are many, many sports you can compete in. Anyone want to come join us next year?

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### Jan Crane has a new website ...



If you haven't had a chance yet, checkout Jan Crane's new website for her custom quilt business called ...

#### https://happyheartquilts.com/

"Fabrics are irresistible to me- I see them as part of a blank canvas, ready to transform into stunning quilts. *My first quilt attempt was over 50 years ago- a tied* gingham in blue & orange for my first baby, and I have made hundreds since then.'

Jan has generously donated many of her quilt products to Soroptimist fund raisers, and they are amazing!

I see possibilities!

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## **Breakfast with Santa**

Breakfast with Santa is a program to reward single mothers who are working toward self-reliance. Soroptimist of Salt Lake City understands the desire of a mother to provide for her children. Single mothers work hard to establish and stay within a budget; however, when the holidays comes around, the budget often goes out the window and mothers find themselves in financial debt before they start the New Year. Breakfast with Santa was created to ensure single mothers get off to a good start in the New Year.

Soroptimist of Salt Lake City comes together with our local community partners to support single mother families in our community. Partnerships include People Helping People, The Family Support Center - LifeStart Village, Granite Peaks, Horizonte, local colleges, and universities. Numerous individuals and groups volunteer to support this annual event.

Our goal for 2023 is to support 40 families with approximately 85 children. Participation is by invitation only.

Application process is in motion, due November 3<sup>rd</sup>.

Date: Saturday, December 2<sup>nd</sup>

Time: 10 am – 11:30 am (set up will start 7 am)

Location: 464 W. Germania Ave, Murray (LDS Church)

Event includes:

- Continental breakfast
- Family photo with Santa.
- Children receive candy bags from Santa.
- Children choose & wrap gifts for mom.
- Kids crafts

Soroptimist sponsored volunteers. Members who have volunteers they would like to be assigned to their area at the event, please add the names to the spreadsheet and/or notify Teresa Just. During the planning meeting, we will discuss the number of volunteers needed for each area and task. To accommodate more volunteers, we will separate volunteers in three shifts: set up, tear down, and during the event. For example, a volunteer helping with set up, will leave when set up is complete and a new set of volunteers would arrive for the

> event. This assumes we receive a large number of volunteer requests. Please send all volunteer requests to Teresa Just.

Planning meetings are held over Zoom so more members can attend. Our first meeting is Monday, November 6<sup>th</sup> at 6:30 pm.

https://us05web.zoom.us/j/9735811388?pwd= LfYvFEC9t7z6GtgQVIJ0jXDLawB1CI.1

We are making a few changes to the layout and flow based last years' experience. Please bring all your ideas on how to improve the event, to the planning meeting.

It is never too early to start soliciting donations. Digital flyer is available for you to post and/or print.

Participation from all SISLC members is required to pull off this event. Members unable to attend in person, can perform tasks in advance of the event such as shopping for clothes, donations of toys/gifts, printing/prep, etc. Assignments and Volunteers are tracked on this Google spreadsheet <u>https://docs.google.com/spreadsheets/d/1mbai</u> <u>Yhik18bjadbbxTmdjm0qUKHBfFx1lfcIgnNW</u> <u>qxU/edit?usp=sharing</u>

The number of volunteers will be limited to improve the experience for our single mother families. Volunteers will be accepted on a first come first serve basis with preference given to



# by Teresa Just

Mom chooses two toys per child.

New clothing is purchased through SISLC

budget which is largely funded by a grant

from American Express. All new toys and

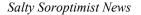
mom's gifts are donated. We receive dona-

the cost of the continental breakfast.

tions from local grocery stores to assist with

New clothing for the children





## Dream It Be It

by Kym Wells

We are excited for our next presentation in the Dream It Be It curriculum. For this presentation we will be covering financial basics and planning and also discussing how to continue forward through trials and personal conflict. We will be at Horizonte on November 16th from 9:00-11:00 and at Granite Connections on November 17th from 8:30-10:30. We will be bringing in our usual light breakfast for the girls. If you can help purchase food or just be there to help the girls please let Kym Wells know.

The locations for each school are: Horizonte, 1234 S. Main Granite, 501 E. 3900 South

We usually meet in the library at each school.



This is a fun opportunity to support our DIBI program and join us in supporting the girls that attend. *November 16—Horizonte 9:00 a.m. to 11:00 a.m.* 

*November 17—Granite 8:30 a.m. to 10:30 a.m.* 

## Live Your Dream

# by Teresa Just

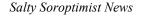
Live Your Dream application deadline is November 15, 2023.

Our club has received 12 qualified applications, as of Oct. 27<sup>th</sup>. They are all very deserving women which will make the judging process very challenging.

Our three judges have not yet been selected. If you have a recommendation of someone who would like to participate as a judge, please provide information to Teresa Just.

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# **SIA News**

#### **Big Dream Campaign**

Soroptimist's journey to raise funds for our Big Goal through the Dream Big Campaign began in 2014. The push to achieve our Big Goal of investing in the dreams of a half million women and girls through access to education will persist for several more years, while the Dream Big Campaign concluded at the end of August 2023. The campaign raised over \$4.5 million. These funds provide an up-front infusion of support towards the critical projects identified to ensure SIA's second century. The delivery, expansion and sustainability of our Dream Programs are the three key areas of investment that will allow us to quadruple the number of women and girls we serve.



*The Dream Big campaign raised over \$4.5 million*.

# **November Program Meeting**

November 15th—6:00 pm Great Opportunity to Visit and Learn Something New ... **Save the Date** 



# SOROPTIMIST FRIENDSGIVING

Dinner will be served and we will have a speaker from Waste Less Solutions

\$15 person



3169 W 9190 S West Jordan

Please RSVP 801-953-5308





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# **October Bash**

Justice Ruth Bader Ginsberg, Martha Hughes Cannon, Heddy Lamar, Jane Austin, Diane Keaton, Violet Richardson, and *two* Rosie the Riveter (among others) all made an appearance at the October Soroptimist meeting on 1the 18<sup>th</sup>. We ate a hearty chili supper, reviewed club business and enjoyed Halloween-themed trivia games. The evening was hosted by Ann Treacy and Jan Crane. If you missed it, BOO for you!



# by Jan Crane



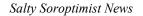


If you missed it, BOO for you!









# Lorry Roberts ... 56 years a Soroptimist



Many of you may not remember Lorry Roberts, but she visited Salt Lake a number of times and often stayed with Marilyn Tang. She passed away on September 25th. She was 96 years old. Lorry was a member of the Boise club for 56 years.

I remember Lorry coming to Salt Lake for a conference or something some years ago and staying with Marilyn. Lorry was a tiny lady and Marilyn had a closet full of clothes that may not have fit her any longer. Anyway, she donated a suitcase full of very nice clothes to Lorry to take back to Boise and Lorry was absolutely thrilled. She was a lovely lady and supported Soroptimist for many years.

She was a 56-year member of Soroptimist International of Boise and had the opportunity to travel for them for 10 years at the international level giving speeches and PowerPoint presentations all over the world.

## Our sincere condolences...



Our dear member Diane McCarty's father passed away on October 24. As many of you know, Diane has been his caregiver for the past few years. Dareld Adam Smith was born May 12, 1929 and died October 24, 2023. Our sincere condolences go out to Diane and

her family for their loss.



# Congratulations Christian Saavedra

One of our Live Your Dream recipients from last year, Christian Saavedra, has just completed her LPN Licensing for nursing. Christian sent us an email which said:

"Good afternoon, I wanted to follow up on my license exam and thank you again for helping me cover the cost. I did pass the licensing exam and am happily awaiting approval to begin practicing as an LPN. Thank you for everything, I will forever be grateful."



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#### Soroptimist of Salt Lake

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# **Investing in Dreams**



# **November Calendar & Member News**

#### Mark Your Calendars ...

11/1—Board Meeting at Rita's (all members welcome)
11/6—BWS Planning Zoom
11/8—Tappas & Trivia Planning Zoom
11/15—Thankfulness Dinner Program Meeting
11/16—DIBI Horizonte 9-11a
11/17—DIBI Granite 8:30-10:30a
12/2—Breakfast with Santa

#### **Birthday Wishes**

11/19—Cathy Stevens 11/25—Donna Schultz 11/26—Carma Ingram



Fall Fund Raiser

\$2,580 Raised so far!

