

Salty Soroptimist News

October 2023

Soroptimist of Salt Lake

October 2023
Volume 3 Issue 3

President Rita's Message



I think all that attended in person had a great time. I hope those that attended virtually found the information helpful and the link worked well for them.

We have had a busy September with District Meeting and two DIBI projects all at the end of the month. I want to thank all members that have participated in each of these events.

We have our October Program meeting hosted by Jan Crane and Ann Treacy coming up. We know it will be fun with good food and welcoming in the Halloween season. Think about your costume of a famous women!!! It will be fun to see what each choose.

I saw a statement about Fall that made me think of our Women and Girls we support and how they are like Fall...."Autumn

Fall is upon us, some days more than others. I love the crisp cool mornings, the beautiful fall foliage in the canyons at this time, and the fall foods!! It seems like time to start cozying in your home with friends and family.

September brought our Soroptimists District Meeting held in Evans-ton, Wyoming, Sept. 23rd. It was a great time in a historical loca-tion, the machine shop for the trains which is now a conference center. I was so excited to have a total of 11 mem-bers attend in person and virtually!!

leaves don't fall, they fly. They take their time and wander on this, their chance to soar;" quote by Delia Owen.

As Soroptimists we are going to soar this year to support the Women and Girls in our community that need help, so they can soar!!

Happy October!!

President Rita

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District I/II Fall Meeting *by Cheri Richardson*

Twelve members of our club attended the District I/II Fall meeting – either virtually or in person – at the Machine Shop in Evanston, Wyoming. The Machine Shop is an old railroad building that had been remodeled and repurposed as an event venue.

The fifty-five Soroptimists in attendance were welcomed to Evanston by Mayor Kent Williams, and then the learning began. Fall meetings are designed to provide instructions to clubs on the work of our club year, and to provide opportunities for clubs to share ideas with one another. This meeting did not disappoint.

We learned that the four pillars of the Soroptimist experience: Program, Membership, Fundraising, and Public Awareness, have been re-branded as follows:

Program	Impact
Fundraising	Philanthropy
Mambership	Engagement
Public Awareness	Recognition

We shared our experiences with the Live Your Dream Award and the Dream It, Be It program. Our club has very strong programs for both of these signature Dream programs. It was great to be able to share our successes and ideas, and the impact our club is making for women in our community.

We reviewed the BIG GOAL for Soroptimist International of the Americas: to impact 500,000 women and girls by the end of 2031. We learned about the concept of Big Goal Accelerator projects – projects in addition to Live Your Dream and Dream It, Be It that will help impact more women and girls. Our own Rita Offrett, a Past Region Governor, reported that the Big Rocks (past governors from both Rocky Mountain and North Central regions) are offering grants to help clubs start Big Goal Accelerator Projects.

Our own Carma Ingram was introduced as the Nominating Committee Chair. Carma and her committee will help secure nominations for the Peaks to Plains Board of Directors to be elected at the 2024 Spring Conference in Salt Lake City!

Our own Carolyn Roberts, District II Director for the Peaks to Plains Region, gave the presentation on Philanthropy. She presented a lot of good information on securing corporate donations and sponsorships – just in time for our upcoming Trivia and Tapas fundraiser.

Co-Governors Andrea Dickerson and Marian Warren led us in a discussion of region finances. The members participated in a productive discussion on increasing revenue and decreasing expenses. Because our Region is so geographically large, the Board has made the decision that Spring Conferences will be held in Salt Lake City, Denver, or Minneapolis to facilitate air travel.

The Evanston club provided great food and WAY too many treats! There were some delightful Silent Auction baskets. It took the Soroptimists less than ½ hour to

put the bags together for the service project for Lifting Hands. These bags, each containing a bath towel, socks, a hairbrush and hair ties, and sanitary pads, will be given to refugees. Those of us who spent the night at the hotel were treated to hospitality provided by the Price club.

As acting Secretary, I took nine pages of notes for this meeting, so if you're interested in the excruciating detail, just let me know. Otherwise, plan to attend Spring Conference. It's close, it will be fun, and you'll learn a lot about our wonderful organization.

We reviewed the BIG GOAL for Soroptimist International of the Americas: to impact 500,000 women and girls by the end of 2031.



Dream It Be It

by Kym Wells

What We Do:

Although all girls face barriers because of their gender, we prioritize working with girls who have additional obstacles including poverty, unstable home lives, living in foster care, or teen motherhood. Soroptimist clubs work in partnership with girls in small groups or a conference setting to provide them with the information and resources they want and need to be successful.

There When It Matters Most:

By reaching girls while they are still young, we not only can help them stay healthy and safe in the short term, but we can reduce the number of women in crisis in the future. Putting them on a path will help them realize their dreams.

Topics We Cover:

- Career opportunities
- Setting and achieving goals
- Overcoming obstacles to success
- Moving forward after setbacks or failures

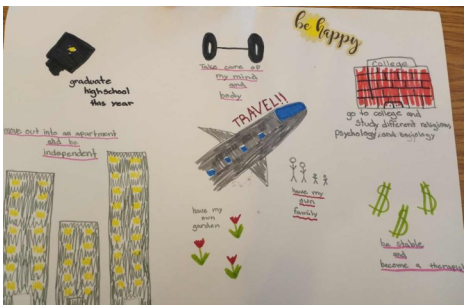
Why We Do It:

Far too many girls face barriers on the pathway to achieving their dreams. Obstacles such as poverty, teen dating violence, and teen pregnancy can get in the way of a girl's ability to make her dreams a reality. *Dream It, Be It* equips girls to overcome their obstacles, set goals, and head towards success.

This week we went into Horizonte and Granite Connections High Schools for our first lesson in the Dream It Be It curriculum. Donna Visco talked about creating a dream board and having goals. The girls first created their own board using stickers and markers to color and list their goals. They learned about how to make attainable goals and wrote out a plan for accomplishing one of their goals. They also wrote a letter to their future self that will be mailed to them a year from now. We had a light breakfast and had about 50 girls between both schools. Our next presentation will focus on overcoming adversity and learning about financial planning. We will be at Granite Connections on November 17th for the second lesson. We are still working on the date to return to Horizonte. A big thank you to all our Soroptimist volunteers that came to help and especially Donna Visco who came in from Arizona!



98,000 girls received access to professional role models, mentors and career education since 2015.



Trivia and Tapas Event—March 8th



Your Fundraising Committee has met and laid some preliminary plans for our big fundraiser this club year. It will be held on Fri March 8th, which also happens to be International Women's Day. The event location has been booked- Publik Gathering Space at 975 So West Temple. If you attended the meeting on Aug 16th you heard about the Trivia & Tapas event, which will be So Much Fun!!! Teams of 6-8 people will answer trivia questions to compete for prizes. We'll have delicious tapas, a cash bar, silent auction, and maybe even a live auction. Entry is just \$35 a person, with non-participants at \$30. We are counting on heavy sponsorships and or donations to make this successful- and we

NEED YOUR HELP!

Please see the Potential Sponsor/ Donations link below. Right now, we need to get this filled out with the contact info for companies who would be good candidates to help us with our event. **You do not need to ask at this point-** that will happen later after we get our ask letter and flyer created, etc. We are just getting a Good List together. So please take a look and put your name by companies you know or are willing to find out about- then get the details. Let's jump right on this and get it completed asap.

https://docs.google.com/spreadsheets/d/1krtNaxS9D_uSJXGg0-dDKjIfJGIBvg522lcfZvy-xEQ/edit?usp=sharing

Want to be on the fundraising committee? We need your help! Let President Rita know.

**Save the Date
March 8th!**

October Bash! Wednesday, October 18th at 6:00 pm



The food assignments include:

3 pots of chili for 10 people each, 2 green salads for 10-15 people each, 1 cheese and cracker tray, two dozen rolls, 1 veggie tray, 1 apple pie, 1 pumpkin pie, 1 pecan pie, 2 1-liter bottles of soda, ½ gallon of apple cider and 1 bottle of wine. Go to the google spreadsheet below to sign up.

<https://docs.google.com/spreadsheets/d/1cE9Rp84qCnI9XZZeX2nCGWQrJ48kD-7kpiu8B8Emzy0/edit?usp=sharing>

Note Parking: Two cars can park in Jan's driveway, more across the street or just down the road. NO ON STREET PARKING allowed.

Fall Fundraiser

DEADLINE OCTOBER 30, 2023



SOROPTIMIST®
Investing in Dreams

Fall Donation Request

HELP AT RISK WOMEN AND GIRLS BECOME EMPOWERED

WE ARE ASKING FOR YOUR DONATIONS TO HELP WITH OUR PROGRAMS

live Your Dream

Financial Support to a woman who is head of household attending college

Dream It Be It

Career support for girls attending high school

Breakfast with Santa

Christmas warm clothing for children of single moms, breakfast, and visit with Santa

Go to our website
www.sisl.org to make a donation today or scan the QR code



Donate Now!



Soroptimist International of Salt Lake City





Live Your Dream Awards *by Teresa Just*

Applications accepted between August 1 and November 15, 2023

The Soroptimist Live Your Dream Awards program is a unique education award for women who provide the primary financial support for their families. This program provides cash awards to women who are working to better their lives through additional schooling and skills training.

YOU CAN APPLY IF:

You are the primary financial support for yourself and your dependents. Dependents can include children, spouse, partner, siblings and/or parents.

You have financial need.

You are enrolled in or have been accepted to a vocational/skills training program or an undergraduate degree program.

You are motivated to achieve your education and career goals.

You have not previously been the recipient of a Soroptimist Women's Opportunity or Live Your Dream Award.

Do not have a graduate degree.

You are not a Soroptimist member, an employee of Soroptimist International of the Americas or immediate family of either.

All members can help by sharing information on your social media, posting the flyer at locations you frequent (with approval from the establishment), or provide directly with women who meet the qualifications. A flyer will be provided for members to share personally or on your Social Media. Contact co-chairs, Teresa Just and Zulie Langarica with questions.

Other important dates:

November 15: Application deadline for club-level awards

February 1: District-level judging deadline

February 15: Region-level judging deadline

March 15: Federation-level judging deadline

November 15th is the Application deadline for club-level awards

live
YOUR
dream 
education & training awards for women®

Soroptimist of Salt Lake

P.O. Box 571021
Salt Lake City, UT 84157-1021
www.sislc.org
Email: roffrett@hotmail.com



October Calendar & Member News

Mark Your Calendars ...

10/4—Board **CANCELLED**

10/18—October Bash
Jan Crane's house

11/1—Board Meeting at Rita's
All members welcome

11/15—Thankfulness Dinner

12/2—Breakfast with Santa

Many Happy Returns

Loretta Peterson 10/1

Teresa Just 10/13

Zulie Langarica 10/26



2023-2-24 Officers/Board

President—Rita Offrett

President Elect—Barbara Rosner

Treasurer—Donna Schultz

Treasurer Elect—Loretta Peterson

Dir- at Large—Angela Yarborough

Secretary—Cheri Richardson

Parliamentarian—Cathy Stevens

Past President—Carma Ingram

Delegate—Pat Murdoch

Delegate—Teresa Just