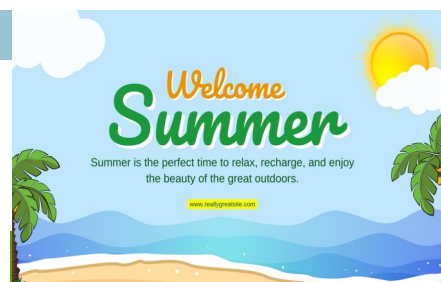


# Salty Soroptimist News



## President Barbara's Message

### Year End Reflections



Dear Members and Friends,

As we close out another incredible year with Soroptimist International of Salt Lake City, I want to express my deepest gratitude to each of you for your dedication, energy, and unwavering support. Together, we have accomplished a great deal.

Our recent fundraiser was a great success—thank you to everyone who contributed their time, talents, and resources to make it happen. Your efforts help sustain the important programs we champion throughout the year.

A special commendation goes out to all who were involved in our **Dream It, Be It (DIBI)** and **Live Your Dream (LYD)** programs. Your commitment to empowering women and girls truly embodies the Soroptimist mission and makes a lasting impact in our community.

Thank you also to those who helped grow our membership and support our Big Goal initiatives. Every step we take together brings us closer to a world where all women and girls can reach their full potential.

It has been a privilege to serve alongside you. Thank you for a remarkable year—I look forward to all that we will accomplish next!

With gratitude,

*Barbara Rosner*

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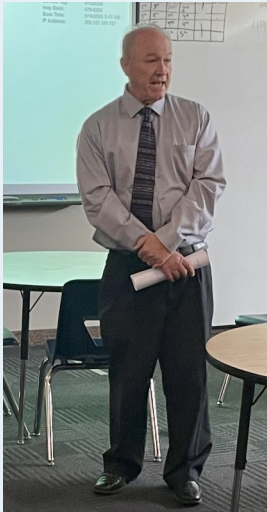
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### Board 2024-2025

Barbara Rosner - *President*  
 Carma Ingram - *President Elect*  
 Donna Schultz - *Secretary*  
 Loretta Peterson - *Treasurer*  
 Pat Murdoch - *Treasurer Elect*  
 Donna Visco - *Director at Large*  
 Rachel Woodhouse - *Delegate*  
 Zulie Langarica - *Delegate*

## A Successful Big Goal Completed at Horizonte

*Mark Crosby mentioned a very successful woman pharmacist who now leads Intermountain Healthcare.*



The final and fifth class for the Horizonte Youth-to-Adult group was on March 16. Carma Ingram arranged for four professional speakers with careers that the girls requested. The 11 girls in attendance were engaged and asked several questions as the day progressed. All speakers emphasized putting forth your best effort in going after your dreams. Additionally stated was the importance of cultivating a belief in yourself regardless of what others tell you (family, teachers, friends). Sometimes that can be your fuel to prove them wrong.

We started off with a retired Pharmacist, Mark Crosby who spoke about the variety of job options available with a degree in Pharmacy or Pharmacy Tech. He said the career focuses on helping people to have their happiest life possible. Mark told the girls if they enjoyed working with people, math, and the sciences this may be a good career choice. A short one year program in Pharmacy Tech could pay around \$20-30 per hour with a Pharmacist (a 6 year degree) starting at triple that pay. He mentioned several schools to attend for these programs.

Gabby Garcia was a former Horizonte student that graduated at age 19 with two children. As she relayed her story, the girls became very interested and hopeful. She had a rough growing up, but utilized LYD resources and a Horizonte scholarship to gain her education in criminal justice. She's been working for the SLC Justice Courts for the past 18 years (to present) in a variety of jobs. Due to the stability of that job, she has been able to buy a home, gain more education (Master Esthetician & Massage Therapist) and start her own Spa business. She emphasized continual learning, utilizing resources, and working towards your dreams.

Kate Anderson an RN and business owner also spoke about continually being open to new opportunities and striving toward your dreams. She had believed she wouldn't be able to complete the schooling and licensing test to become a nurse. But, by giving up extra things and working hard she completed that dream. She has learned a lot working with people at the end of their life (Hospice nurse). Kate has built on her career by seeing a need and fulfilling it by opening an IV business in addition to working as a nurse. She was nice to speak for us here as well as at Granite Connection for DIBI.

Our final engaging speaker was Patty Shea, a School Counselor from Roosevelt Continuation School and Granite Connection. She told students that they have choices when they graduate to either 1. Employ (get a job), 2. Enlist (in military), or 3. Enroll in school. Patty talked to the girls about many opportunities that exist with apprenticeships to gain schooling while being paid to work in that career (Apprenticeship.utah.gov). She also introduced them to various web sites that they can utilize to see where they qualify to go to school (AdmitUtah.org), FAFSA, and Keys to Success (with many resources).

***Thank you to all speakers!***

Thanks Soroptimist helpers: Carma, Donna, Kathy, and Michelle.



*Carma and Gabby (Spa by Bella)*



*Gabby Garcia & Kate Anderson*



*Patty Shea*

## Watch for Signs of Abuse *By- Kathy Margaritis*

Two of the quarterly themes of UpliftHER were Intimate Partner Violence and Trafficking. These themes were brought forth to shed light on the needs of women and girls and provide project ideas that would benefit women-girls that are in need. As we work with girls in the schools during DIBI and with our Big Goal projects, we need to be watchful and educate the girls and women on warning signs of abuse. While I was working in the Granite School District, staff were given several annual trainings about child abuse prevention, trafficking and how to recognize signs of trafficking and abuse victims. This is due to a big increase of these problems. Sometimes because of economic pressures, even family members are forcing children into trafficking situations.

During our recent Region Conference we heard from a survivor of sex trafficking, Maria, founder of an organization that helps survivors rebuild their lives. District V Director Shelley Rask, SI Virginia, found Maria while looking for speakers that would augment the UpliftHer categories. Maria provided this Power & Control Wheel that shows various ways that an abuser is able to control a victim. We see some of these same behaviors in intimate partner violence situations.

Part of the challenge is to help victims realize they are being abused. It often takes 7-9 times for the victim to finally leave their abusive situation for good. It takes a lot of support to get the victim to that place. If you recognize these signs in someone you know or are working with, there are many resources to help. Check out the Soroptimist website and also A Bolder Way Forward website and there are links to many other resources.



This wheel was adapted from the Domestic Abuse Intervention Project's Duluth Model Power and Control Wheel, available at [www.theduluthmodel.org](http://www.theduluthmodel.org)

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## Ogden Soroptimist Fashion Show Fun *By- Kathy Margaritis*



The Ogden Soroptimist club had a successful fashion show fundraiser Saturday, May 31st. Salt Lake City Soroptimist that attended were Carma Ingram, Kathy Margaritis, Donna Schultz, Pat Murdoch, and Carolyn Roberts. We started with a delicious sandwich/salad lunch at their beautiful venue. Afterward, some of the Ogden Soroptimist members were modeling the clothes provided by Maurice's. The store manager described each outfit and the models made it fun with their strutting and turns. The MC also told answers to questions that they had asked the models, such as "If there was one thing you could change in the world, what would it be?" Those were insightful and showed the Soroptimist commitment and courage as they modeled. The store had so much variety with cute styles and fabrics that would look good on any age woman. We all wanted to go shopping afterward.



The fundraiser consisted of a couple of games where you bought tickets (for auction items) or beads for the "Heads and Tails" game. Whoever was left with beads at the end won a trip that was offered, a 2-day one to Mesquite or a 5-day one to a city of your choice in Utah. Players were eliminated as they gave up a string of beads if they had hands on their head or their tail when the opposite side of the coin was flipped. Carma was the runner up winner of the 5 day trip, which was a guessing wonder when you saw how many beads some participants had purchased... so close!



There were some nice items that were auctioned off in the usual bidding way or won by having your ticket picked. That was quite difficult considering that many tickets were purchased. The Soroptimist announced that there were near 90 people in attendance, so a positive turn out.



## Soroptimist Attended A Bolder Way Forward Summit

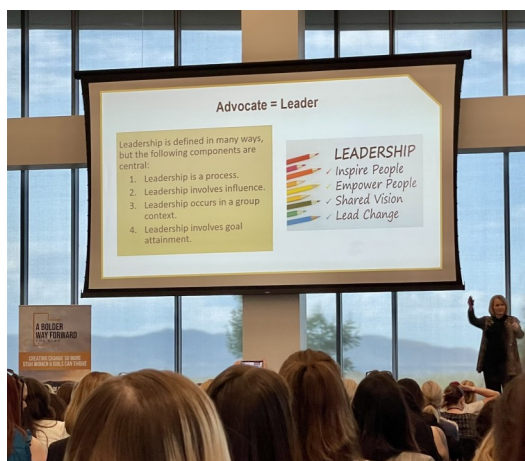
Soroptimist were represented at the 3rd Annual A Bolder Way Forward (ABWF) Summit, on June 6th. Carolyn Roberts, Kathy Margaritis, Michelle Jackson, and Rachel Woodhouse joined hundreds of other advocates that support this organizations efforts. The ABWF Summit was a celebration of the statewide movement and the actions needed to build a state where more girls and women can thrive in every setting. Over the past two years, 18 areas of focus (spokes) have worked with 12 additional impact teams to address issues that permeate across and influence each area of focus.

Susan Madsen, founder of Utah Women and Leadership Project, at Utah State University, spoke about the necessity of speeding up the work in Utah (and nationwide). Similar to the Soroptimist “Accelerate Action” and “UpliftHER” movements, there is an urgency to create more gender equity and fight against the rise of violence against women and girls (children).

We attended various focus area groups where we discussed what progress had been made and what the future goals entailed. In the Higher Education Attainment Spoke area, there are persistent gaps in participation in post secondary training with a big need to raise completion rates. In our Soroptimist work with girls and women in the schools (DIBI and Big Goal), we need to impress upon them the economic consequences for individuals, families, and the State when they don’t pursue higher education. Plus, the more Live Your Dream awards we can give away, we will help more women attain further education.

The afternoon finished off with meeting with partners in our county to discuss the services our organizations provide and how to access various resources. It was an inspiring day of meeting new partners in the important work we all do.

Learn more about A Bolder Way Forward with [this video](#) and join the BWF news-letter [here](#). Join us on the UWLP social media platforms: [LinkedIn](#), [Facebook](#), [X \(formerly Twitter\)](#), [Instagram](#), and [YouTube](#).





## Getting to Know YOU!



### Carolyn Roberts

I grew up on a farm in Indianola, Sanpete County, Utah. I still own and spend time at the house where I grew up. I moved to Salt Lake City to attend the University of Utah in the seventies when I was newly married. I graduated with a bachelor's degree in Family and Consumer Studies while raising my four children. My first marriage ended in divorce, and after eight years as a single parent, I remarried. I was widowed at age 48 when my second husband died of lung cancer. I remarried, and my third husband passed away from lung cancer ten years ago.

I worked in management and accounting for the same company for nearly 30 years. At 61, I returned to school to obtain an MBA. I remember telling people I had heard all you can take with you when you die is what you have learned, so I thought I had better get packing.

When the company I was working for went out of business, I traded the stress of being the controller for a simpler accounting role at Interior Solutions, where I worked for the last ten years. I retired in December, and my biggest challenge is keeping track of which day it is. There still isn't enough time in the day and I am reminded of a quote by John Burroughs, "I still find each day too short for all the thoughts I want to think, all the walks I want to take, all the books I want to read, and all the friends I want to see."

My personal mantra is, "Live the life you love, and love the life you live." I am very active in my children and grandchildren's lives, and I cherish time spent with them. I spend as much time as I can at "the farm" in Indianola. My creative juices are always flowing, thinking up various crafts and projects to make. I love to make and collect miniatures such as fairy gardens, miniature villages, and scenes.

My real passion is Soroptimist. I joined the Salt Lake Club in 2016 when Jan Crane was president. I met Jan at Interior Solutions where we both worked. Upon learning about Soroptimist, I became actively involved, serving in most board positions over the years. I am currently serving as District II Director on the Peaks to Plains Region board. I have attended international Soroptimist conventions in Istanbul, Turkey; Yokohama, Japan; Dublin, Ireland; and Bellevue, Washington, USA. I recently attended the United Nations as a Soroptimist delegate which was an unforgettable experience. Meeting Soroptimists from around the world has fueled my passion and broadened my understanding of the organization's mission. The friendships I have made through Soroptimist are my greatest treasures.

Soroptimist

# Membership

## MILESTONES

Janis Nash	33 Years	7/01/1992
Margy Russotto	32 years	7/01/1993
Carma Ingram	22 years	7/07/2003
Kathy Margaritis	2 years	7/03/2023
Michelle Jackson	2 years	7/14/2023
Rachel Woodhouse	2 years	7/31/2023

## June & July Birthdays

*No June birthdays*

*7/09 –Angela Yarborough*

*7/20 –Julia Vernon*

*7/23 - Pamela Bennion*

*7/25 –Margy Russotto*

*Happy Birthday!*



*Soroptimist of Salt Lake  
2025-26 Board Installation  
& New Member Induction  
Garden Party*

*Thursday, June 12th  
6:00 pm—8:00 pm  
Carma Ingram's House  
702 W. Clovercrest Drive  
Murray, Utah*

*Bring a food item to share.*

*2025-2026  
Board  
Bosld  
2025-2026*

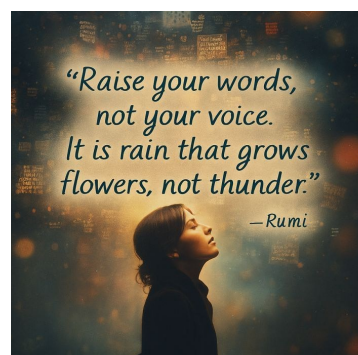
President:	Carma Ingram
President Elect:	Jan Crane with
(as alternate)	Loretta Peterson
Treasurer:	Pat Murdoch
Treasurer Elect:	Donna Schultz
Director at Large:	Donna Visco
Secretary:	Michelle Jackson
Delegate:	Cathy Stevens
Delegate:	Kathy Margaritis
Past President:	Barbara Rosner



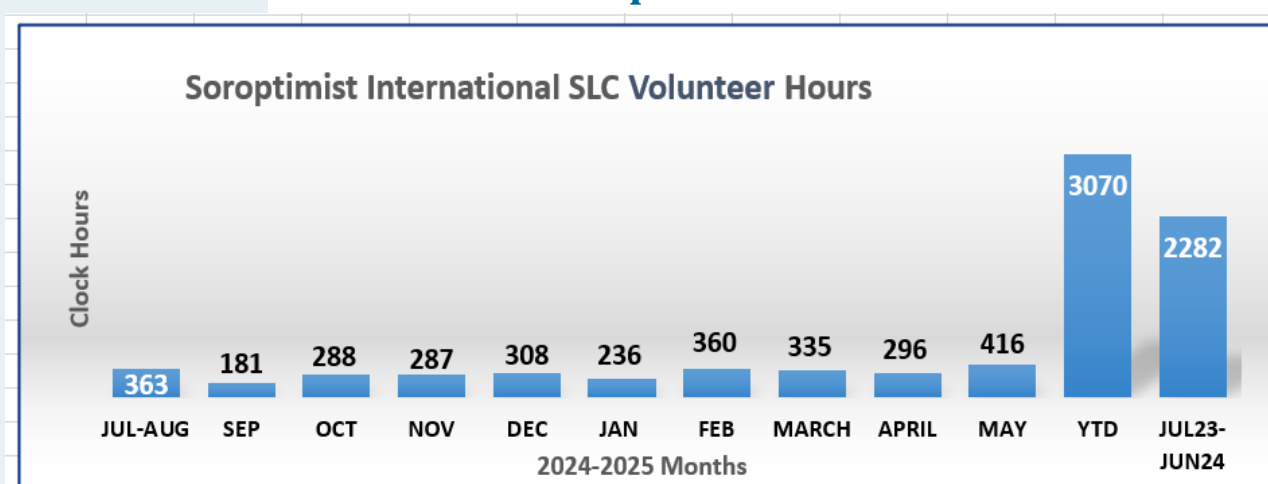
## Board Report and Action Plan –June 4th

### Board Summary and Action Plan

- No big changes to financials in May. Dues will be collected and sent to SIA and the Region in June.
- The Club's June meeting is Thursday, June 12<sup>th</sup> at 6:00 pm.
- There were many good ideas from other clubs that were documented in the Region minutes. Once those minutes are approved, they will be sent out to Club Presidents which can be shared with our members.
- Send In-kind report of expenses for the Region conference to Loretta.
- All members need to pay dues on the website, mail a check or pay at the June 12<sup>th</sup> meeting. Second email reminder has gone out to members.



## Thank You Soroptimist Volunteers!



\* Reported volunteer hours help us when applying for grants.

Woo hoo, we surpassed our 23-24 Year total hours! Thanks to all members that have been working hard. **Please track and report your hours \*** to Loretta Peterson, **by the month end**, p2cpeterson@gmail.com



# May/ June Calendar & SI SLC Member News

## Mark Your Calendars

- 6/06 - A Bolder Way Forward 3rd Annual Summit, 8:30 am -3:00 pm, Zions Technology Campus, Midvale
- 6/12 - **New Board Induction**, 6:00 - 8:00 pm, Bring a potluck food item, Carma Ingram's house: 702 W Clover Crest Dr., Murray, UT
- 6/24 - **Leadership Roundtable**—6:00-9:00 p.m. EST  
[2025 Leadership Roundtable: Zoom Event Registration](#)
- 9/27 or 10/4 - Fall Region Conference
- 4/24 or 5/1/26 - Spring Region Conference, Twin Cities
- 7/22-7/25/26 - Biennial SIA Convention, Incheon, South Korea

## JOIN ME!

I'm attending the...



**Leadership Round Table**

June 24, 2025

6 P.M. - 9 P.M. EDT

Virtual

Learn how to grow as a leader!



SOROPTIMIST®  
Investing in Dreams



Register: [bit.ly/SIALeadershipRT](https://bit.ly/SIALeadershipRT)

## Agenda

6:00 p.m.	<b>Welcome and Opening Remarks</b> Ginger Cole, 2024-2025 President Michelle Burnett, Executive Director/CEO
6:15 p.m.	<b>Keynote: Change Management</b> Libby Gill, Executive Coach and Author
7:15 p.m.	<b>Living the Code: Understanding and Upholding SIA's Member and Leader Code of Conduct</b> Peggy Gentile-VanMeter, 2024-2025 SIA Board of Directors
7:40 p.m.	<b>Understanding Your Club Finances and Achieving Best Practices</b> Michelle G. Strawser, 2024-2025 SIA Secretary/Treasurer
8:00 p.m.	<b>Leading with Purpose: The Role of an SIA Club President</b> Stephanie Smith, 2022-2023 SIA President
8:25 p.m.	<b>Better Meetings for All: Making Every Voice Count</b> Melanie Kenny, 2024-2025 SIA Board of Directors
8:50 p.m.	<b>Closing Remarks</b> Ginger Cole, 2024-2025 President

Soroptimist International of Salt Lake City

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[www.sisl.org](http://www.sisl.org)



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