

Salty Soroptimist News

May, 2023



Volume 2, Issue 9



President's Message

Happy May! We finished up a great April with our visit to the Center for Women and Children where our club delivered and served dinner to about 24 women. This was a really great event and rewarding in the kind of service that it was.

Six of us just returned from Conference where we had a great opportunity to review the programs that Soroptimist promotes. Our region is so big now encompassing Utah, Idaho, Wyoming, Colorado, North Dakota, South Dakota, Minnesota, Nebraska, and Iowa. There were many women attending from all over the region and it was just wonderful to make new friends and renew old acquaintances. Thanks to Carolyn for organizing the Bridges of Madison County tour, which was just great. So glad I was there to participate.

While we were at conference, we got an opportunity to hear about all the region winners for the Live Your Dream Award, as well as hear the many clubs talk about their LYD and Dream It Be It activities. Our club this year really had an outstanding year with 10 LYD Award Winners and over 90 girls that attended our DIBI presentations. I am so proud of all that we have accomplished this year.

May 19th is our big Spring Fund Raiser and we are gearing up for a successful event. We have the band booked, the catered dinner organized and we are now gathering all the Silent Auction items that we plan to offer at the event. I am hoping that everyone is working on Silent Auction items and will let me know what you have to bring or bring to me. We are also going to have ticket sales for smaller value items that people can purchase the tickets and deposit them in a bag that will be next to the item. We are encouraging everyone to bring big and small items for our event. I am so excited!

Get excited about our May 19th Fund Raiser and come ready to help on that night. I look forward to receiving all our donations! We are holding a Fund Raiser Meeting for all to attend at my house on **Wednesday, May 10th at 7:00 pm**. After the Fund Raiser meeting, we will be putting the People Helping People purses and hygiene items together. Busy May!

Carma Ingram, President, SI of Salt Lake

Soroptimist International of Salt Lake City
Chartered November 12, 1931

IN THIS ISSUE...

SPRING FUNDRAISER	2
CONGRATULATIONS, ZULIE	2
CONFERENCE RECAP	2
- GINGER COLE	3
- LAURIE FINUCANE	3
- HONORS AND AWARDS	3
- LIVE YOUR DREAM	4
- DEI, BELONGING, CIVILITY	4
BRIDGES OF MADISON COUNTY TOUR	5
MEET ELIZABETH MATTHEWS	6
UPCOMING EVENTS	7
HAPPY BIRTHDAY!	7



SOROPTIMIST®
Investing in Dreams

Friday Night in the Park Fundraiser



We need to promote this great event on Friday, May 19th at Murray Park. **We will be holding a fund raiser meeting on Wednesday, May 10th at 7:00 pm at Carma's house** to finalize any fund raiser details and also to assemble the People Helping People purses.

Now is the time to get busy gathering Silent Auction items. The committee decided to hold both a Silent Auction AND an Opportunity Drawing. We are inviting families, so we can have children's toys for the opportunity drawing tickets as well as any small items. We will use the big items for Silent Auction.

Please notify Carma by email of any big Silent Auction items you have with a description, value and donated by. The small items will be tagged with a number and matched with a little bag with a number so people can deposit their opportunity tickets in the bags.

We are excited about this upcoming fund raiser. Midvale Mining is providing dinner and we have the band "Changes" coming to perform live music. Because it is right there at Murray Park, we are inviting people to include their families and have made a reasonable price for feeding their children.

Please get busy promoting this event. If you have any questions, please reach out to either Cathy Stevens or Carma Ingram.

Congratulations to Zulie Langarica

Our cute member Zulie Langarica sent us an email about Conference where she shared:

Hello! I would love to join but I'll be in Arizona walking in my graduation ceremony. I wish you all an amazing time! Thank you! Zulie Langarica



Congratulations Zulie for your hard work in obtaining your college degree!

Peaks to Plains Region Conference Recap

By Cheri Richardson

Six members of SI SLC flew to Omaha, Nebraska, for the 1st Annual Peaks to Plains Region Conference!



Carma Ingram, Pat Murdoch, Rita Offrett, Cheri Richardson, Carolyn Roberts, and Angela Yarborough represented our club well at this informative and fun meeting. Here are some of the highlights:

Harness the Energy that Lights the World



Dr. Gloria "Ginger" Cole

Dr. Gloria "Ginger" Cole was our Federation Guest and keynote speaker. She spoke about Soroptimist International of the Americas (SIA) BIG GOAL: to impact the lives 500,000 women and girls by 2031.

Women and girls have dreams, and the biggest dreams are made up of small actions. So, too, are the efforts that clubs can make toward reaching our BIG

GOAL. Impacting half a million women and girls can seem overwhelming, but if we break it down to 55 women and girls, per club, per year, it's quite manageable.

Women and girls continue to face gender discrimination, violence, lack of empowerment, lack of value, and lack of education. Our work together helps to combat this. We are SIA!

Ginger was just elected SIA President-elect. She received the heartfelt congratulations of our region.

The Journey Back from Shadow Street

Author Laurie Finucane shared her harrowing story of verbal, physical, and sexual abuse documented in her book, *Shadow Street - A Memoir of Escaping a Psychopath*. She began her presentation by asking each of us to put a dot on a paper if any of the following were true in our own experience:

- Have experienced verbal abuse
- Have been in domestic violence
- Have been sexually assaulted
- Know someone who has been a victim of domestic violence

- Know someone who has been sexually assaulted

Everyone in the room had at least one dot on their paper. She then told her story of how her husband recognized and exploited her co-dependency. "I thought I could fix him," she relayed, remarking that even after all these years the story is hard for her to tell.



Laurie Finucane

I thought I could fix him

Her escape came when he was arrested and incarcerated for child pornography. She shared that when she was interviewed, it was clear to the detective that she had not known he was a pedophile. A statistic I found shocking: 80% of the wives of pedophiles know. (Involuntary shudder.)

She chose to write her book, and to share her story with groups like ours, to let women in these situations know that they are not alone. She signed copies of her book: "Thanks for all of your support for women."

Honors and Awards

Soroptimist Celebrating Success awards were presented:

Fundraising: SI Cody
 Membership: SI Ogden
 Public Awareness: SI Ogden
 Program: SI Scottsbluff County



Our own Salt Lake Club won the Travel Award for having the most members (6) travel the most miles (935)

And our own Angela Yarborough won the beautiful wall quilt donated by Jan Crane. The quilt alone raised \$500 for the Dream Big Campaign.

Live Your Dream Awards

We honored the six regional Live Your Dream (LYD) Awards recipients at the Live Your Dream Luncheon on Saturday. LYD Co-Chairs Jonnie Jenkins and Kathy Herr read excerpts from each application. Five of the six awardees are pursuing degrees in Nursing; one is pursuing a degree in Cosmetology. Five awardees were unable to attend and sent videos.

The First-Place winner for Peaks to Plains Region, Janteice Holston, was there in person to accept her award. She is one of the Nursing students, and is raising her younger siblings.

These women are all inspirational and we wish them the best in their future endeavors.



Janteice Holston and Cheri Richardson



Diversity, Equity, Inclusion, Belonging, Civility

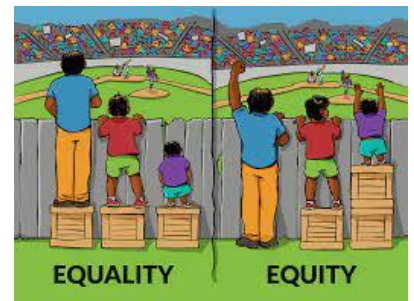
Dr. Ginger Cole spoke to us about these timely topics. Before giving definitions, she performed a couple of exercises to help us experience how, often even when we try, we fall short on inclusion. Her first exercise was having four short people discuss the advantages and disadvantages of being short. Then a tall person joined the group. The short

people kept talking about being short and didn't think to ask the tall person what it was like to be tall.

The next exercise was closer to home. Four club Presidents were asked to talk about club business. Then a new member joined the group. And as hard as they tried, they didn't really connect with the new member – or find out her motivations – or find out her needs. Ouch!

Diversity is the way people differ. We honor diversity by involving everyone in the conversation and asking their perspective.

Equity is fair treatment, access, opportunity and advancement for all people. Equality is giving each person a shoe; equity is giving each person a shoe that fits.



Inclusion means a variety of people have power, a voice, and decision-making authority. We honor inclusion by making everyone feel welcomed and valued.



Belonging, Ginger states, is personal and internal. Good practices of diversity, equity, and inclusion can help someone feel that they belong. And finally,

Civility is social interaction where people show respect – even in disagreement.

Using these principles in our club interactions will help us build stronger clubs and positive member retention and satisfaction.

FUN FACT: IN CLUB YEAR 2021 -2022 THERE WERE 269 DREAM IT – BE IT PROJECTS IN 14 COUNTRIES, REACHING 11,667 GIRLS

Bridges of Madison County Tour

By Carolyn Roberts



Soroptimists at Roseman Bridge

The day after the Peaks to Plains Region Conference, sixteen members caravanned 2 hours east of Omaha to visit the town of Winterset in Madison County, Iowa. The tour was coordinated by Carolyn Roberts and led by Co-Governor Andrea Dickerson who grew up in this small town, famous for its covered bridges which were the inspiration for the book *The Bridges of Madison County*. The best-selling book by Robert James Waller was also made into a movie starring Clint Eastwood and Meryl Streep. The movie was filmed in Winterset.



Inside Roseman Bridge

All six members of the Salt Lake Club went on the tour. Most of us traveled in a rented fifteen-passenger van while enjoying the scenery of Iowa's green rolling hills. Others followed along in their own cars.



Cedar Bridge

The bridges we visited were Roseman Bridge, Hogback Bridge, Cedar Bridge, Cutler-Donahoe Bridge, and Holliwell Bridge. They were similar but very picturesque in their own settings. With the exception of the Cedar Bridge, which we drove across, all bridges were open to foot-traffic only. The Roseman Bridge is the bridge that was predominately featured in the book and the movie. It spans the Middle River. Legend says it is haunted.



Cutler-Donahoe Bridge

The Holliwell Bridge, also featured in the movie, remains at the original site over the Middle River. The Cedar Bridge has been moved once and destroyed by fire twice and rebuilt. The Cutler-Donahoe Bridge was moved from its original location to be preserved in the Winterset City Park. The Hogback bridge was named after a nearby mountain ridge.



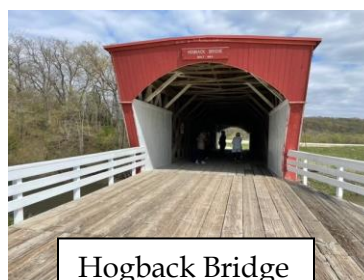
Holliwell Bridge

Besides the bridges, Winterset is also famous for being the birthplace of actor John Wayne. His original home stands near the John Wayne Birthplace Museum and is open to visitors. George Leslie Stout, who rescued precious artworks from the Nazis during World War II, was born and raised in Winterset. He was memorialized in *The Monuments Men* and now in a public art



John Wayne Home

piece near Winterset's courthouse square. The weather was a bit nippy and it was windy, but we ignored the weather and just enjoyed spending time together. This memorable trip was a perfect culmination of the conference.



Hogback Bridge



Soroptimists at Clark Tower

Meet our SI SLC First Place Live Your Dream Awardee, Elizabeth Matthews



Our 1st place scholarship winner, Elizabeth Matthews, was unable to attend our Live Your Dream Award ceremony as she was in Honduras on a humanitarian mission with her school. She sent us a really nice email and some photos from her trip that we wanted to share with the club:

Hi Carma, I just wanted to reach out to you and thank you again for awarding me the Live Your Dream Scholarship! I feel so bad I was not able to attend the luncheon but wanted to make sure I expressed my gratitude, and that you knew how much I appreciate the award.

I was able to use the scholarship to pay my fee for Honduras and have an AMAZING clinical experience I may not have otherwise had. I was able to give back to a poor community and help provide medical care, and education they would not have otherwise had. I wanted to share with you some pictures from my trip and thank you again for all your help.

Sincerely, Elizabeth Matthews



Upcoming Events

<p>May 10 May 10 May 10 May 19 May 22 May 22 June 5 June 5 June 21 July 1 July 27 - 29</p>	<ul style="list-style-type: none"> • Board Meeting 6:00 pm, Carma's house • Fund Raiser Meeting 7:00 pm, Carma's house • Assemble People Helping People Purses and hygiene kits Carma's 8:00 • Spring Fund Raiser - Murray Park 5:30 pm to 8:00 pm • Club Giving and Founders Pennies due SIA • Spirit of Soroptimist club voting • Board Meeting 6:00 pm, Carma's house • Newsletter deadline • Summer Picnic and Board Induction • Dues, Form 200 SIA & Region, Celebrating Success-Region only • SI Convention, Dublin Ireland
--	--

Happy Birthday



KYM WELLS - MAY 9
 KRISTINA WORTHINGTON - MAY 16
 DONNA VISCO - MAY 27



Big
Dream
Campaign for Soroptimist International of the Americas